Martin Luther HIGH SCHOOL

FAITH • CHARACTER • EXCELLENCE

NOVEMBER 2026 LUNCH MENU

GOOD FOOD. BRIGHT MINDS. STRONGER SPARTANS.

THANKFUL TODAY. BIGGER TOMORROW.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheeseburger • WG Bun • Baked Beans • Seasoned Fries • Fresh Fruit • Applesauce • Choice of Milk	**3** Walking Taco • Seasoned Beef • WG Tortilla Chips • Lettuce & Diced Tomatoes • Refried Beans • Shredded Cheese, Sour Cream, Salsa • Fresh Fruit • Fruit Cup • Choice of Milk	**4** WG Cheese Quesadilla • Baby Carrots • Dragon Punch Vegetable Juice • Fresh Fruit • Applesauce • Choice of Milk	**5** Popcorn Chicken Bowl • Crispy Chicken • Mashed Potatoes • Corn • WG Dinner Roll • Fresh Fruit • Fruit Cup • Choice of Milk	**6** Grilled Cheese • WG Grilled Cheese • Tater Tots • Broccoli • Fresh Fruit • SideKick • Choice of Milk
9 Beef Hot Dog • WG Bun • Baked Beans • Baby Carrots • Fresh Fruit • Applesauce • Choice of Milk	**10** Greek Grilled Chicken • Grilled Chicken Breast • WG Pita • Greek Cucumber & Tomato Salad (Feta Dressing) • Broccoli • Fresh Fruit • Fruit Cup • Choice of Milk	**11** Sloppy Joe • WG Bun • Seasoned Potato Wedges • Green Beans • Fresh Fruit • Applesauce • Choice of Milk	**12** Italian Meatballs • 2 Meatballs • Marinara Sauce • Roasted Broccoli • Baby Carrots • Fresh Fruit • SideKick • Choice of Milk	**13** HALF DAY LUNCH SERVICE TBD
16 Spicy Chicken Sandwich • WG Bun • Tater Tots • Carrots • Fresh Fruit • Applesauce • Choice of Milk	**17** Mac & Cheese • Mac & Cheese • Broccoli • California Blend • Fresh Fruit • Fruit Cup • Choice of Milk	**18** Beef Rotini • Beef Rotini Pasta • Steamed Broccoli • Dragon Punch Vegetable Juice • Fresh Fruit • SideKick • Choice of Milk	**19** Chicken Tenders • Chicken Tenders • Seasoned Fries • Roasted Carrots • Fresh Fruit • Applesauce • Choice of	**20** Breakfast for Lunch • Cheese Omelet • Turkey Sausage • Seasoned Potatoes • California Blend • Fresh Fruit • Fruit Cup • Choice of Milk
23 Grilled Chicken & Gravy Over Rice • Grilled Chicken • Chicken Gravy • Rice • California Blend Vegetables • Fresh Fruit • Applesauce • Choice of Milk	**24** THANKSGIVING LUNCH • Roasted Turkey • Mashed Potatoes • Green Beans • Cranberry Sauce (Cup) • WG Dinner Roll • Fresh Fruit • Fruit Cup • Choice of Milk	NO SCHOOL NOVEMBER 25–27 *Thanksgiving Break*		

A VARIETY OF FRESH FRUITS & VEGETABLES OFFERED DAILY!

MENU INCLUDES:

- One featured entrée daily
- Fresh fruits and vegetables offered daily (apples, oranges, bananas, pears, apple slices...)
- Choice of milk (1% White, Fat-Free White, or Fat-Free Chocolate)
- Menu meets required 2 oz grain per day
- Specialty items may include a SideKick, muffin or roll
- This institution is an equal opportunity provider.

Martin Luther HIGH SCHOOL

FAITH • CHARACTER • EXCELLENCE

NOVEMBER 2026 BREAKFAST MENU

GOOD FOOD. BRIGHT MINDS. STRONGER SPARTANS.

FUEL TODAY. ACHIEVE TOMORROW.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheese Omelet • Egg Omelet with Cheese • Cinnamon Roll • Fresh Fruit • Applesauce • Choice of Milk	**3** Egg Patties • Egg Patties • Biscuit • Sliced Apples • Pineapple Tidbits • Choice of Milk	**4** Waffles • Whole Grain Waffles • Turkey Sausage • Fresh Fruit • 100% Fruit Juice • Choice of Milk	**5** Sausage Biscuit • Sausage Biscuit Sandwich • Fresh Fruit • Fruit Cup • Choice of Milk	**6** Pancakes • Whole Grain Pancakes • Turkey Sausage • Applesauce • Fresh Fruit • Choice of Milk
9 Egg Biscuit • Egg Biscuit Sandwich • Fresh Fruit • Pineapple Tidbits • Choice of Milk	**10** French Toast • Whole Grain French Toast • Turkey Sausage • Sliced Apples • Applesauce • Choice of Milk	**11** Cheese Omelet • Egg Omelet with Cheese • Cinnamon Roll • Fresh Fruit • 100% Fruit Juice • Choice of Milk	**12** Sausage Biscuit • Sausage Biscuit Sandwich • Fresh Fruit • Fruit Cup • Choice of Milk	**13** HALF DAY BREAKFAST SERVICE TBD
16 Waffles • Whole Grain Waffles • Turkey Sausage • Fresh Fruit • Applesauce • Choice of Milk	**17** Egg Biscuit • Egg Biscuit Sandwich • Sliced Apples • Pineapple Tidbits • Choice of Milk	**18** Pancakes • Whole Grain Pancakes • Turkey Sausage • Fresh Fruit • 100% Fruit Juice • Choice of Milk	**19** Cheese Omelet • Egg Omelet with Cheese • Biscuit • Fruit Cup • Fresh Fruit • Choice of Milk	**20** French Toast • Whole Grain French Toast • Turkey Sausage • Applesauce • Fresh Fruit • Choice of Milk
23 Sausage Biscuit • Sausage Biscuit Sandwich • Fresh Fruit • Pineapple Tidbits • Choice of Milk	**24** Cinnamon Roll • Cinnamon Roll • Egg Patties • Sliced Apples • Applesauce • Choice of Milk	**NO SCHOOL** **NOVEMBER 25 – 27** *Thanksgiving Break*		

TWO FRUIT CHOICES OFFERED DAILY!

MENU INCLUDES:

- Hot breakfast entrée daily
- Two fruit choices offered daily
- Choice of milk (Skim White or 1% White)

- Follows USDA/DPI breakfast meal pattern for grades 9–12
- 9 oz eq grains per week
- Menu items may vary due to availability
- This institution is an equal opportunity provider.